

I'd like you to take a deep breath.....

And as you exhale, let go of all the thoughts and events of the day.....

Now, take another breath, through your nose,
sending the air down into your diaphragm.

And, as you exhale,
exhale and sound a very soft AHHHHHH.....

Greetings, Beloveds, It is I, Gabriel.

This evening, we would like to focus with you on that beautiful circle that you created at the Crystal Conference: this very coherent Collective Consciousness that is held in a Sphere of Light.....

Feel yourself in this Circle of Light, with every member of this Collective Consciousness: every human participant, all of the Archangels, all of the Masters, the Lords of Light, the Elohim, all of the Great Beings from the far reaches of the Creative Realms. We have all gathered in this Sphere of Consciousness with intention and purpose.....

Feel the Unity..... in this Gathering.....

Notice the Light..... that is so radiantly present..... within our Sphere of Consciousness.....

This Sphere is not only coherent but is brimming with unlimited potential, waiting for the creativity that is present and about to be invoked.....

Feel the excitement!.....

Now, as we continue in this evening's conversations, notice yourself perfectly centered in your Sacred Heart, perfectly present in this Collective Sphere.....

So, let us begin!